

Marsha Werner

Autonomy Counseling, PLLC
800 Holiday Dr STE 170
Moorhead, MN 56560
Phone: (218) 979-3828
Email: m Werner@autonomypllc.com

EDUCATION

- **Doctor of Psychology**
California Southern University, Magna Cum Laude (2023)
- **Master of Arts, Marriage & Family Therapy**
Argosy University (2016)
- **Bachelor of Arts, Psychology**
Concordia College, Cum Laude (2013)
- **Bachelor of Science, Criminal Justice**
Ashworth University, Delta Epsilon Tau (2013)

MEMBERSHIPS AND CERTIFICATIONS

- **Licensed**
Marriage and Family Therapist (FL, MN, ND)
- **Member**
American Legion Auxiliary (Unit 0166)
American Psychological Association (APA)
American Association of Marriage and Family Therapy (AAMFT)
Association of Family and Conciliation Courts (AFCC)
Global Institute of Forensic Researcher (GIFR)
- **Certified**
Autism Spectrum Disorder Clinical Specialist (ASDCS)
Clinical Trauma Professional (CCPT)
Danger Assessment Assessor
Dialectical Behavioral Therapy (CDBT)
Forensic Mental Health Evaluator (CFMHE)
Personality Disorder Treatment Provider (CPD)
Prepare/Enrich Facilitator

PROFESSIONAL TRAINING

- **Naval Corrections Academy**
Lackland Air Force Base, TX
- **United Services Apprentice Program Correction Officer**
Department of Labor
- **Detainee Operations Training**
Fort Lewis, WA
- **Military Police Qualification Course**
Lackland Air Force Base, TX

PROFESSIONAL EXPERIENCE:

- **Autonomy Counseling, PLLC, Moorhead, MN (2019 – Present)**
Clinical Director, Owner, Outpatient Therapist, DHS Supervisor
- **Lakeland Mental Health Center, Moorhead, MN (2018 – Present)**
Crisis Team Mental Health Professional
- **Solutions Behavioral Healthcare Professionals, Moorhead, MN (2013 – 2018)**
Mental Health Rehabilitative Therapist, Mental Health Practitioner
- **Clay County Sheriff's Department, Moorhead, MN (2011 – 2013)**
Correctional Officer
- **United States Navy (2001 – 2011)**

Watch Commander, Block Supervisor, Urinalysis Coordinator, Assistant Investigator, Corrections Specialist, Field Training Officer, Subject Matter Expert, Patrol Officer

TEACHING EXPERIENCE:

- Group Leader – Dialectical Behavioral Therapy (DBT) Skills training (2019 – Present)
Autonomy Counseling, PLLC, Moorhead, MN
- Co-Facilitator – Incredible Years Parent Group Program (2015 – 2016)
Solutions Behavioral Healthcare Professionals, Moorhead, MN
- Facilitator – Dina School Program (2014 – 2018)
Solutions Behavioral Healthcare Professionals, Moorhead, MN
- Guest Speaker – Undergraduate Psychopathology (2020 – 2024)
North Dakota State University, Fargo, ND

PROFESSIONAL DEVELOPMENT

2024

- 2-Day Intensive Trauma Treatment Certification Workshop: EMDR, CBT and Somatic-Based Interventions to Move Clients from Surviving to Thriving (PESI)
- A “Bad” Witness vs. A “Good” Witness: A Judge’s Perspective (National Board of Forensic Evaluators)
- A Practitioner's Guide to Autism Assessment: A Strengths-Based Approach (PESI)
- Abilities & Strengths-Based Autism Interventions: Help Clients Find Success in Education, Employment, Community, and More! (PESI)
- Advanced Custody and Support Issues in North Carolina (National Business Institute)
- Advanced Divorce Litigation Part 1: Discovery, Witnesses, and Mental Health (National Business Institute)
- Advanced Jury Selection Strategies (National Business Institute)
- Autism Assessment in Adults: Differentiating the Complexities of Autism from Co-Occurring Mental Health Issues (PESI)
- Autism, LGBTQIA+, and The Intersectionality of Gender and Sexuality (PESI)
- Autism Diagnostic Observation Schedule (ADOS-2) (Sunfield Center for Autism, ADHD and Behavioral Health)
- Best Practices for Working with Family Estrangements: Common Mistakes of Therapists (American Psychological Association)
- Business Practices of Forensic Mental Health Evaluations (National Board of Forensic Evaluators)
- California Family Court Judges Share Top Mistakes Attorneys Make (National Business Institute)
- Cannabis Update, Part 1: Cannabis Basics, Adverse Effects, Medicinal Uses (National Board of Forensic Evaluators)
- Cannabis Update, Part 2: Evaluation and Clinical Decision-Making (National Board of Forensic Evaluators)
- Child Abuse Assessment and Reporting (CE4Less, E9153E)
- Child Custody Evaluation Homestudy (National Board of Forensic Evaluators)
- Child Custody Evaluation Workshop (National Board of Forensic Evaluators)
- Conducting Forensic Evaluations Outside of the Traditional Office Setting: Considerations for In-Home Services and Telehealth (National Board of Forensic Evaluators)
- Custody Quagmires: Parental Drug Abuse, Mental Illness, Domestic Abuse, Alienation (National Business Institute)
- Developing Core Competencies as an Autism Specialist through a Neurodiversity Lens (PESI)
- Dissecting the Brain-Gut Connection to Address Sensorimotor Concerns for Autistic Children (PESI)
- Enhancing Social Communication for Autistic Clients: Neurodiversity Principles in Action (PESI)
- Ethical and Legal Protocols in Florida Mental Healthcare (Mindful Continuing Education)

- Ethical Considerations in Autism Related Services: Operating at the Highest Level Possible (PESI)
- Expanding the Nature and Breadth of Consciousness: A Holistic Psychedelic Approach (PESI)
- Exploring the Psychedelic Power of Meditation (PESI)
- Fetal Alcohol Spectrum Disorders (FASD) Assessment (MN Department of Human Services)
- Filicide: Does Hidden Hostility at Home Lead to Murder? (National Board of Forensic Evaluators)
- Florida Laws and Rules (CE4Less, E125R)
- Forensic Mental Health Evaluation Workshop (National Board of Forensic Evaluators, SC24)
- Forward to the Past: Healing and Therapies in the 21st Century Action (PESI)
- Help Autistic Clients Build Strengths, Ease Frustration, & Engage with the World: Techniques to Improve Cognitive Development, Early Language Development, Anxiety, & Behavior (PESI)
- Helping Autistic Clients Relate and Communicate through DIR/Floortime®: A Powerful Evidenced-Base Developmental Model That Works! (PESI)
- HIV/AIDS: What You Need to Know (AchieveCE)
- How to Conduct a Comprehensive Mental Status Examination (National Board of Forensic Evaluators)
- How to Conduct Quality Substance Abuse Evaluations (National Board of Forensic Evaluators)
- How to Write a Successful Clinical or Forensic Report (National Board of Forensic Evaluators)
- Illinois Family Court Judges Share Top Mistakes Attorneys Make (National Business Institute)
- Improving Cultural Competency for Behavioral Health Professionals (U.S. Department of Health & Human Services)
- Integration Strategies for Psychedelic Psychotherapy with Ketamine (PESI)
- Internal Family Systems (IFS): A Simple and Effective Map to the Psychedelics Territory (PESI)
- Intimate Partner Violence (CE4Less, E9242)
- Introduction to Comprehensive Psychosexual Evaluations (National Board of Forensic Evaluators)
- Iowa Family Court Judges Share Top Mistakes Attorneys Make (National Business Institute)
- Jury Selection: Hiding Your Keeps, Rehabilitating Jurors, and Defending a Cause Challenge (National Business Institute)
- Learning from Non-Ordinary States: Mindfulness, Compassion, & Psychedelics (PESI)
- Lights, Camera, Empowerment! Neurodiversity and the Transition to Independence (PESI)
- Mental Health Documentation & Medical Necessity: Simple, Clear Guidelines that Maintain Quality of Care and Protect Your Practice (PESI)
- North Carolina Family Court Judges Share Top Mistakes Attorneys Make (National Business Institute)
- Not Just Surviving, but Thriving with Autism (PESI)
- Nuts and Bolts of Testifying as an Expert Witness (American Psychological Association)
- Ohio Family Court Judges Share Top Mistakes Attorneys Make (National Business Institute)
- Ongoing HIPAA Compliance (Simplepractice Learning)
- Outsmarting the Liars: An Introduction to the Verbal Lie Detection Tool Cognitive Credibility Assessments (National Board of Forensic Evaluators)
- Parental Alienation: Evidence, Witnesses, Case Law Updates (National Business Institute)
- Psychopharmacology in Individuals with Autism Spectrum Disorder (PESI)
- Racial Disparities and Neurodivergence in Autism: Strategies for Systemic Change and Equitable Care (PESI)
- Reviewing Social Investigations and Forensic Reports (National Board of Forensic Evaluators)
- Social Security Disability: Top Mistakes That Will Ruin Your Claim (National Business Institute)
- Substance Use Problems: Advances in Psychotherapy (CE4Less, T9076B)
- Supervision: A Guide for Mental Health Professionals (CE4Less, E068C)
- Techniques for After an Autism Meltdown: Supporting Prevention of Future Eruptions (PESI)
- The 10 Core Competencies of Trauma, PTSD, Grief & Loss (PESI)

- The Clinician's Guide to Conceptualizing and Assessing Personality Disorders (National Board of Forensic Evaluators)
- The Forensic Evaluator's Guide to Parental Reunification (National Board of Forensic Evaluators)
- The Forensic Mental Health Consultant: Assisting the Attorney: Understanding & Discrediting the Forensic Mental Health Evaluation (National Board of Forensic Evaluators)
- The Mental Health Professional's Role in Prevention and Mitigation of Police Violence and Burnout (National Board of Forensic Evaluators)
- The Neuroscience of Safety: The Transformative Impact of the Polyvagal Theory on Supporting Children on the Autism Spectrum (PESI)
- The Psychology of School Shooters (National Board of Forensic Evaluators)
- Theory of Mind: Therapeutic Implications for Clients with Autism Spectrum Disorder (PESI)
- Tier One: Introduction to Military Culture, Families and Deployment (Center for Deployment Psychology)
- Tier Two: Overview of Military Service-Related Behavioral Health Challenges (Center for Deployment Psychology)
- Training Medical and Mental Health Professionals to Psychedelic-Assisted Psychotherapies (PESI)
- Transformative Psychotherapy: Process and Methodology (PESI)
- Trauma & Altered States of Consciousness: Results of Psychedelic Studies (PESI)
- Treating Autism and PTSD Comorbid Through a Polyvagal-Informed Lens: A Framework to Inform EMDR and Sensorimotor Psychotherapy Interventions in Therapy (PESI)
- Voir Dire and Jury Selection: The Complete Guide (National Business Institute)
- Voir Dire and Jury Selection Tactics for Criminal Law Attorneys (National Business Institute)
- Why is Estrangement on the Rise?: Common Pathways to Estrangement (American Psychological Association)

2023

- ADHD Certificate Course: Moving Beyond Medication (PESI)
- Issues in Domestic Violence: Introduction and Theories (CE4Less, E098C)
- MoCA Cognitive Assessment
- Reunification Family Therapy (CE4Less, T104)
- Trauma Treatment Skills for Survivors of Domestic Abuse and Intimate Partner (Mind Works Professional Education, Inc.)
- Using HIPAA in the Real World: A Review (CE4Less, E222)

2022

- 2-Day Intensive Workshop: Treating Complex Trauma with Internal Family Systems (IFS) (PESI)
- 3-Day Dialectical Behavior Therapy Certification Training (PESI)
- An Overview of Reaction Attachment disorder, Intro to Integrative Attachment-Informed Model (IAIM): A Play Therapy for Traumatized Children & Adolescents (North Dakota Family Based Services)
- Are YOU Committing Insurance Fraud? (Navigating the Insurance Maze)
- Audits & Records Requests: What EVERY Therapist Should Know (Navigating the Insurance Maze)
- Community Wide Impact of Juvenile Justice Reform (North Dakota Family Based Services)
- Creating Belonging for Youth in Care (North Dakota Family Based Services)
- Creative Strategies for Improved Client & Provider Mental Health (North Dakota Family Based Services)
- DSM-V Diagnosis; Mental Health in North Dakota (North Dakota Family Based Services)
- Ethics (North Dakota Family Based Services)

- Ethics And Boundary Issues (CE4Less)
- Handle with Care (North Dakota Family Based Services)
- Improving Cultural Competence, Part 1 (CE4Less)
- Improving Cultural Competence, Part 2 (CE4Less)
- Mastering Differential Diagnosis with the DSM5TR™: A Symptom-Based Approach (PESI)
- Opioid Crisis in North Dakota (North Dakota Family Based Services)
- Plenary: ND Behavioral Health Program Updates (North Dakota Family Based Services)
- Professional Ethics & Supervision in the Helping Field (North Dakota Family Based Services)
- Psychological Medications & Mood Disorders in Children (North Dakota Family Based Services)
- Telehealth: How to Practice Across State Lines for Mental Health Professionals (PESI)

2021

- Dark Side of Professional Ethics (American Psychological Association)
- Ethics (North Dakota Family Based Services)
- Ethics and Supervision (North Dakota Family Based Services)
- Special Topics in Foster Care Visitation Transitions, Mother's Rage & Lying Behavior (North Dakota Family Based Services)
- Tele-Mental Health Documentation and Medical Necessity (PESI)
- The Basics of Implicit Bias (North Dakota Family Based Services)
- The Supervisors Role in Work Unit Culture (North Dakota Family Based Services)
- What's Missing from Your Charts: Writing Great Progress Notes (Navigating the Insurance Maze)

2020

- ADHD, ASD, & Neurodevelopmental Disorders (PSY 87539, California Southern University)
- Adult Mental Health First Aid (National Council for Behavioral Health)
- Consulting in Business, Education & Mental Health (PSY 87522, California Southern University)
- Crisis and Trauma Counseling (PSY 87519A, California Southern University)
- Deeper Connections: EMDR with Families and Couples (EMDR & Beyond)
- Eating Disorders (PSY 87542, California Southern University)
- Physiological Psychology (PSY 87701, California Southern University)
- Psychological Assessment I (PSY 87702, California Southern University)
- Psychological Assessment II (PSY 87703, California Southern University)
- Research Methods in Psychology (PSY 87127, California Southern University)
- Social Psychology (PSY-6516-8A, California Southern University)
- Supervision and Consultation (PSY 87600, California Southern University)
- Telehealth for Mental Health Professionals: 2-Day Distance Therapy Training (PESI)

2019

- Cognition, Emotion and Motivation (PSY 87524, California Southern University)
- Cultural Diversity (PSY 87508A, California Southern University)
- Ethical and Professional Issues (PSY 87504, California Southern University)
- Psychopharmacology (PSY 87700, California Southern University)
- Statistical Methods and Analysis (PSY 87540, California Southern University)
- Trauma-Focused Cognitive-Behavioral Therapy (Treatment Collaborative for Traumatized Youth)

2018

- Advanced Psychopathology (PSY 87506, California Southern University)

- Advanced Theories of Personality (PSY 87500, California Southern University)
- CBT for Anxiety (PESI)
- DSM5® Differential Diagnosis: Four Steps to Accurate Diagnosis (PESI)
- EMDR Training: Integrating EMDR Into Your Clinical Practice, 5-Day Intensive (EMDR Consulting)
- Ethical and Professional Issues (PSY 87504, California Southern University)
- Ethical Issues for MFT Practice (American Association for Marriage and Family Therapy)
- History and Systems of Psychology (PSY 87503, California Southern University)
- Overcoming Trauma-Related Shame and Self-Loathing (PESI)

2017

- Columbia Suicide Scale (BCOW Education and Training Committee)
- DBT Skills Training Course (Behavioral Tech)
- Healing Touch, Integrative Therapy for Mental Health (BCOW Education and Training Committee)
- Service Animals and Mental Health (BCOW Education and Training Committee)
- Question Persuade Refer (BCOW Education and Training Committee)
- TF-CBT Web (The National Child Traumatic Stress Network)

PUBLICATIONS

- Werner, M. M. (2023). *Professionals who work with minor attracted persons*. (Doctoral dissertation, California Southern University).

Date: September 25, 2024